

**GOVERNMENT OF MEGHALAYA
HEALTH & FAMILY WELFARE DEPARTMENT**

Orders by the Governor

NOTIFICATION

Dated Shillong, the 27th April, 2020.

No. Health.99/2020/Pt./20:- The annexed protocol is put in place for Testing, Retesting and Quarantine Post 28th April in Meghalaya in view of COVID-19 pandemic.

All concerned are to note for necessary compliance.

(Sd/-Sampath Kumar)

Commissioner & Secretary to the Government of Meghalaya
Health & Family Welfare Department


Memo No. Health.99/2020/Pt./20-A,

Dated Shillong, the 27th April, 2020.

Copy to :-

1. The Private Secretary to Chief Minister, Meghalaya, Shillong for kind information of Chief Minister.
2. The Private Secretary to Deputy Chief Minister, Meghalaya, Shillong for kind information of Deputy Chief Minister.
3. The Private Secretary to Health Minister, Meghalaya, Shillong for kind information of Minister.
4. Private Secretary to Chief Secretary for kind information of the Chief Secretary.
5. Director of Health Services (MI)/(MCH & FW)/(Research), Meghalaya, Shillong
6. The Director, Printing & Stationery, Shillong for publication in the Meghalaya Gazette.
7. All Deputy Commissioners,
East Khasi Hills, Shillong/ West Khasi Hills, Nongstoin/Ri Bhoi District, Nongpoh / West Jaintia Hills District, Jowai / West Garo Hills District, Tura / East Garo Hills District, Williamnagar / South Garo Hills District, Baghmara/North Garo Hills, Resubelpara/South West Garo Hills, Ampati/East Jaintia Hills, Khliehriat/ South West Khasi Hills, Mawkyrwat.
8. Joint Director of Health Services (MCH & FW) i/c IDSP, Meghalaya, Shillong.
9. Joint Director of Health Services (Surgeon Superintendent), Civil Hospital, Shillong/Medical Superintendent (Jt.DHS) Ganesh Das Hospital, Shillong/ Joint Director of Health Services (Garo Hills Division) Tura/State T.B. Officer-cum-Superintendent, R.P.Chest Hospital, Shillong/Project Director, Meghalaya AIDS Control Society, Pasteur Hills, Polo, Shillong.
10. Superintendent, Civil Hospital, Jowai / Tura/MCH Hospital, Tura/Tirot Sing Memorial Hospital, Mairang/100 Bedded Hospital, Nongpoh/ Nongstoin/ Williamnagar/ Khliehriat/ MIMHANS, Shillong.
11. District Medical & Health Officer, East Khasi Hills, Shillong/ West Khasi Hills, Nongstoin/Ri Bhoi District, Nongpoh / West Jaintia Hills District, Jowai / West Garo Hills District, Tura / East Garo Hills District, Williamnagar / South Garo Hills District, Baghmara/North Garo Hills, Resubelpara/South West Garo Hills, Ampati/East Jaintia Hills, Khliehriat/ South West Khasi Hills, Mawkyrwat.

By Orders, etc.


Joint Secretary to the Government of Meghalaya,
Health & Family Welfare Department

PROTOCOL FOR TESTING, RE-TESTING, AND QUARANTINE POST 28TH APRIL

	Category	Mandated protocol/procedure	Additional Remark
1	Positive cases (under home isolation and/or institutional care)	RT PCR test to be repeated after 14 days of isolation. <ul style="list-style-type: none"> - If negative, another PCR test to be conducted after 24 hours to confirm that it is negative. - If positive, test would be repeated every 3rd day to check viral clearance till the results show that PCR is negative 	Patient will be declared cured only after 2 consecutive samples, 24 hours apart, are negative. If immune response has developed, i.e., IgM and IgG are positive, the same may be checked for during the period.
2	High Risk Primary Contact (connected to index case and other positive cases of Bethany Hospital)	Repeat RT PCR test after 14 th day. <ul style="list-style-type: none"> - If negative, another 14-day quarantine at home with prescribed protocol to be maintained at home. If any symptoms developed during this period, PCR test would be conducted. - If positive, confirmed case management protocol should be followed. And re-testing will be done after 14 days of isolation. 	All those found negative and sent for additional 14 day home quarantine, a self-monitoring diary would be maintained by each patient and a daily check in report system would be positioned by IDSP.
3	Low Risk Primary Contacts (connected to index case and other positive cases of Bethany)	Repeat RT PCR test after 14 th day. <ul style="list-style-type: none"> - If negative, one more week of quarantine and two more week of Self-Reporting without quarantine. - If any symptoms develop during this period or later, RT PCR test would be conducted. - If positive, confirmed case management protocol should be followed. And re-testing will be done after 14 days of isolation. 	
4	Asymptomatic Secondary Contacts and all those asymptomatic individuals who visited Bethany Hospital and registered with the Government	<ul style="list-style-type: none"> - One week quarantine at home; If any symptoms develop during this period, RT PCR test would be conducted. 	Secondary Contacts are those who have come in close contact with the Primary Contacts of the Positive Case.

PROTOCOL FOR TESTING, RE-TESTING, AND QUARANTINE POST 28TH APRIL

5	All other symptomatic SARI (Severe Acute Respiratory Infection) and ILI (Influenza Like Illness) cases who are admitted / referred to hospitals	Undergo RT PCR test by visiting nearby designated hospitals.	All hospitals have been directed to set up SARI clinics (immediately after triage) to identify probable or suspected cases of Covid-19 as per the case definition issued by ICMR. Active surveillance to be done for the cluster area and people with ILI / SARI symptoms to be referred for RT PCR Test.
---	---	--	--

Additional Remarks:

1. All those who have visited Bethany Hospital on or after 6th April, 2020 are advised to stay under home-quarantine for one more week upto 4th May, 2020.
2. All those who have visited Bethany Hospital Shillong or Nongpoh before 6th April, 2020 have completed the quarantine period. They are required to compulsorily wear mask (respiratory etiquette), practice hand-hygiene (using hand-sanitizer / washing hands frequently with soap) and maintain social distancing in both work place and home environment.
3. Irrespective of the date of visit to Bethany Hospital, if anyone is having symptoms of dry cough, fever and difficulty in breathing please report immediately to 108 or visit nearest hospital so that the Government can take steps for testing.
4. Certificate of Quarantine completion shall be given by the concerned Doctor-in-charge for each of the designated Quarantine or Corona Care Centres or by the in-charge of Civil Hospital as identified by the Superintendent if they are admitted in the Hospital.
5. Certificate of Quarantine completion shall be given by the District Surveillance Officer of the concerned District for those under Home Quarantine.
6. Those under home quarantine and advised for self-reporting shall fill in the prescribed format and visit nearest designated hospital if they are found with any symptoms. District Surveillance Officer of the concerned District shall be in charge for daily follow up of those under quarantine.
7. Counselling sessions will be provided to persons who have already been tested twice and come out negative for Covid 19 before being discharged from isolation/quarantine centres.